



Womens

		34	36	38	40	42	44	46
A	1/2 Waist circumference (Unstretched)	37	39	42	44	46	48	50
B	1/2 Hip circumference (22 cm from waist edge)	48	50	53	56	59	62	65
C	1/2 Horizontal crotch width	30	31	32	33	34	35	36
D	1/2 knee width (Middle of inseam)	22	22,5	23	23,5	24	24,5	25
E	1/2 bottom circumference	17	18	18	18	18	19	19
F	Front rise incl waistband	28	29	30	31	32	33	34
G	back rise incl waistband	34	36	38	40	45	44	46
H	Inseam length	73	74	75	76	77	78	79
I	Waistband height	5	5	5	5	5	5	5

Mens

		XS	S	M	L	XL	XXL	3XL
A	1/2 Waist circumference (Unstretched)	39	41	43	46	48	50	52
B	1/2 Hip circumference (22 cm from waist edge)	51	53	56	58	60	62	65
C	1/2 Horizontal crotch width	30	31	32	33	34	35	36
D	1/2 knee width (Middle of inseam)	22	22	23	24	25	26	27
E	1/2 bottom circumference	17	18	18	19	19	20	20
F	Front rise incl waistband	25,5	26,5	27,5	28,5	29,5	30,5	31,5
G	back rise incl waistband	38	39	41	43	45	47	49
H	Inseam length	79	80	81	82	83	84	84
I	Waistband height	5	5	5	5	5	5	5